

# Lake Eustis Report

January 22, 2010 | [www.lakeeustisinstitute.org](http://www.lakeeustisinstitute.org) | 127 N. Grove Street, Eustis, Florida

## Lake Eustis Institute

Enlighten your view of the world...



All classes meet in either the Institute's conference room or class room. Both are located at 135 N. Grove St., Eustis. A large lighted parking lot is behind the building. For information, please call 352.357.3995 or go online to: [www.lakeeustisinstitute.org](http://www.lakeeustisinstitute.org)

## Reviews and Previews

For Registration and Reservations, please go to [www.lakeeustisinstitute.org](http://www.lakeeustisinstitute.org), select Classes, Events or Membership. Or call the office: 352.357.3995.

### LAST WEEK AT THE INSTITUTE

The Institute kicked off the 2010 Spring Semester on Sunday, January 17th with a full **Italian Cooking** class. This class was so popular that we added a second session and it is full too.

**Moral Dilemmas** on Monday, January 20th had a full house to consider the weekly dilemma and enjoy coffee and scones from Olivia's Coffehouse.

**How Things Work** took a look at the chronic and debilitating disease, Diabetes on Wednesday, January 20th. Deanna Spears, the program coordinator of Florida Hospital Waterman's Diabetes Services Department, made the presentation and answered the many questions from the class members. This class offers self-contained presentations, and can be joined at any time.

**Conversation Spanish** also started with a full class on Thursday, January 21st. Some people were complete novices and others already had some Spanish. The class asked the instructor to select a textbook, so they can do some "homework". Class members will be emailed with the textbook information next week.

The **Tibetan Buddhist Meditation** class begins tomorrow, January 23rd. Instructor Mark Winwood just returned from a trip to India and will have a lot of observations and experiences to share with his students.

### NEXT WEEK AT THE INSTITUTE

**Great Ideas from the Great Books** debuts on Tuesday, January 26th at 2 PM. The topic will be *Change*. First, the class will watch a video of Dr. Mortimer Adler in which he brings together what the great thinkers have said about change, then the class will discuss the topic and the opinions presented in the video.

**The Book Club** meets at noon on Thursday, January 28th. The book to be discussed is *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows.

**The Real Florida in Fiction and Prose** also meets on Thursday at 2 PM. Class members are asked to have read the first twelve chapters of *A Land Remembered* by Patrick D. Smith.

The week concludes with **American Sign Language** on Saturday, January 30th, 12-2 PM and the second **Italian Cooking** class on Sunday, January 31st, 5 PM.

All classes are at 135 N. Grove Street except for Italian Cooking which is at Café Gianni's, 119 N. Bay Street, Eustis.

### Reserve your seats now for the TZIMON BARTO CONCERT

March 20th at the State Theatre by going online to [www.baystreetplayers.org](http://www.baystreetplayers.org) or calling 352.357.7777.

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